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| **Name\_\_\_\_\_\_\_\_\_\_\_\_ Year 5 Learning Journal Teacher \_\_\_\_\_\_\_\_\_\_\_\_** |
|  | **Hands*****Respect***  | **Heart*****Kindness / friendliness***  | **Head*****Honesty***  |
| **https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcS36oFQHmUyeb7NVvZzY2igq6Yw6LbSudWddPFMlymDAGSGKi-ytAAPxVHf****Secure/****Mastered** | * I can show how to score in a game.
* I identify the actions used in gym and dance.
* I can show skills used.
* I can consistently demonstrates how to perform pulse raiser and stretch techniques correctly.
 | * I can respect and listens to feedback from teachers and others.
* I can consistently show team worker skills and cooperate.
* I can demonstrate the expected behaviour indefinitely to ensure myself and others are safe.
* I can consistently have a positive attitude towards lessons and others.
 | * I can explain strengths and weaknesses using pink for think and green for great.
* I can compare and select the best way to solve a problem.
* I can reproduce instructions by teacher/peer.
* I can make comparisons between my own and others’ performances.
 |
| https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcSPjx8HsUvcKbb5TmVE4y7flPq3OoaU7zE5TiN2R9W8IDYjHXM_vuiSRMY0**Developing**  | * I can recall how to score in a game.
* I can list actions used in gym and dance.
* I can list skills used.
* I can describe examples of how to raise your pulse in a warmup.
 | * I can frequently listen to the teacher’s instructions and questions and responds appropriately.
* I can frequently show team worker skills and cooperate.
* I can follow rules and expectations throughout the lesson so I can stay safe in PE.
* I can demonstrate has a positive attitude towards lessons and others.
 | * I can comment on a performance by identifying strengths and weaknesses.
* I can discuss ways to solve problems.
* I can match instructions from peers/teammates.
* I can make comparisons within others’ performances.
 |
| **https://encrypted-tbn2.gstatic.com/images?q=tbn:ANd9GcSQjqdssycRodPgo9KYK0aQHwYf_tn0YoXlRm8wqmw1c-dhdnAOPa-a6OE0****Emerging** | * I can identify how to score in different games.
* I can name actions in gym and dance.
* I can name skills used.
* I can participate in all warm up activities.
 | * I can sometimes listen (communication) to the teacher’s instructions and questions and responds appropriately.
* I can sometimes demonstrate teamworker skills and cooperate.
* I can understand the expected behaviour and how it helps me stay safe.

I can identify what a positive attitude in lessons looks like.  | * I can give feedback via prompts.
* I can identify problems.
* I can recall instructions from teacher.
* I can make comparisons within my own performance.
 |

**1-12 = emerging 13-23 = developing 24-33 = secure 34- 36 = mast****ery**

**Reflection – Year 5 Learning Journal**



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| **Winter** |
| **Hands - Respect** | **/ 12** |
| **Heart – Kindness/ Friendliness** | **/ 12** |
| **Head – Honesty**  | **/12** |
| **Total**  | **/36**  |
| **My Strength: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****My target: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****I am proud of myself because:****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

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| **Spring** |
| **Hands - Respect** | **/ 12** |
| **Heart – Kindness/ Friendliness** | **/ 12** |
| **Head – Honesty**  | **/ 12** |
| **Total** | **/ 36** |
| **I have improved by \_\_\_\_\_ points****My Strength: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****My target: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****I am proud of myself because:****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

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| **Spring** |
| **Hands - Respect** | **/ 12** |
| **Heart – Kindness/ Friendliness** | **/ 12** |
| **Head – Honesty**  | **/ 12** |
| **Total** | **/ 36** |
| **I have improved by \_\_\_\_\_ points****My Strength: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****My target: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****I am proud of myself because:****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |